

## Short Survey to Measure the Impact of COVID-19 on the Lives of Your Program Participants: *Immigrants & Refugees Edition*.

### How to use this survey

**What is this survey?** This survey was created by Roxana Salehi, PhD, CE, © Vitus Consulting Research & Evaluation, 2021, for use by NGOs serving immigrants and refugees. Questions were inspired/adapted from World Health Organization's *Apart Together Survey*, International Organization for Migration, and academic literature. References are at the bottom. The survey is not meant to be comprehensive. Rather, its goal is to give the NGOs a quick way to gain a big picture understanding about this topic.

**Can I use this survey for free?** Yes, this is an open-source document. You can use it for free as long as you cite it

**How to cite this survey:** Vitus Consulting Research & Evaluation (2021). Short Survey to Measure the Impact of COVID-19 on the Lives of Your Program Participants: Immigrants & Refugees Edition. [www.vitus.global/resources](http://www.vitus.global/resources)

**Can I make changes to it?** Yes. Just cite the original survey.

**Is there an online version?** Yes. The only thing you need is a Google account because the survey is a Google form template. To access:

1. Go to this link: <https://docs.google.com/forms/d/1LJSIjIMn-cYcBoa-LIHTK4Iv748wCr0QEvc4L7vv6k/template/preview>
2. Click Use Template
3. Make a copy on your Google Drive. Done!

You can now save it with any name you want and make changes to it. You now 'own' the form and have administrative rights. You will be able to send it out to your clients and collect data.

**Is the survey only available in English?** Currently yes. But given that this survey is about immigrants and refugees, I hope that your NGO will either translate it (in written form) or, your staff verbally translate it for your clients (e.g. a phone survey). If you translate it, please share it with me so that I can then include it as an additional resource for others to use.

**Disclaimer:** You are responsible for your own processes for collecting information from your program participants in an **ethical manner**. For example, if you tell them that their answers are confidential, you will need to set up your form's setting to not collect contact information.

# The impact of COVID-19 on the Lives of Your Program Participants: *Immigrants & Refugees Edition*

## Introduction & Consent

Dear Participant:

Please answer a few questions about how the COVID-19 pandemic has impacted your life. We will use this information to advocate for improving programs and services for immigrant and refugee families and individuals.

Thank you for providing your honest feedback!

## Key demographics

1. How old are you? -----

2. Are you...?

- A woman
- A man
- I'd rather not say
- Other

3. How much education have you had?

- No schooling
- Some years of schooling but no university
- University education

4. Are you...

- A landed immigrant
- Refugee
- I'd rather not say

5- Which statement best describes your situation?

- I am a student
- I am employed or work for myself, and COVID-19 hasn't changed anything about my job
- I am employed or work for myself, but I work fewer hours because of COVID-19
- I was employed before COVID-19, but I lost my job and am currently unemployed

### Self-reported health status

6. Have you had COVID-19?

- Yes, I went to a doctor/clinic, and they said I had it
- I think I had it. I had the symptoms but didn't go to a doctor/clinic
- No, I haven't had COVID-19

**BRANCH LOGIC-----**→6.1 IF the respondent answers (*had symptoms but didn't go to the clinic*) survey will ask:

6.1 Why did you not go to a doctor or clinic if you thought you had symptoms? (choose as many answers as you want)

- I wasn't sure if I had to pay or if the service was free
- I don't speak the language well
- I was afraid I would become infected at the hospital or doctor's office
- I thought I would get better if I just rested
- I was afraid to go because I don't have legal documents
- I had other reasons

7. Has anyone living with you had COVID-19?

- Yes, they went to a doctor/clinic, and were told that they had it
- Yes, I think so. They had the symptoms but didn't go to a doctor/clinic
- No, no one living with me has had COVID-19
- My family member had COVID-19, but they don't live with me

### Ability to follow preventive measures

8. Do you wash your hands frequently as one way to prevent catching COVID-19?

- Yes, all the time
- Yes, sometimes
- No, I don't want to. I don't think it's necessary.

9- Are you able to physically distance yourself from others as one way to prevent catching COVID-19?

- Yes, all the time
- Yes, but only sometimes
- No, I can't because my living space or workspace has too many people in it
- No, I don't want to do that. I don't think it's necessary.

10- In the last few months, if you were not feeling well, have you been able to take some days off from work to rest?

- Yes, I was able to do that
- No, I was not able to do that because I don't get paid if I don't work
- No, I was not able to do that because .....(text box: please write your reason here)

11- Do you think you are getting the information you need about COVID-19?

- Yes, I talk to my friends and family
- Yes, I watch the news
- Yes, I receive information from organizations that help me.
- No, I don't have an information source that I trust
- No, I find the information I receive difficult to understand

### **Perceived impact of COVID-19 on your financial situation**

12-How much has the COVID-19 situation impacted your financial situation?

- I/my family are doing okay financially
- I /my family are finding it difficult, but am still managing to pay for necessities such as food, clothing, or rent
- I/my family cannot afford necessities such as food, clothing, or rent

### **Perceived impact of COVID-19 on psychological health**

13-Considering the current situation with COVID-19, how worried are you about you and your family's future?

- 1= I am very calm and not worried at all
- 2= I am mostly calm, but sometimes I worry
- 3= I worry sometimes
- 4= I worry most of the time
- 5= I am extremely worried all the time

**BRANCH LOGIC-----> If the respondent answers anything other than (I am not worried) ask:**

**13.1. What do you worry about most? (choose as many answers as you want)**

- Being lonely and isolated
- Financial situation

- Housing situation
- The risk of getting COVID-19
- That vaccines are not safe
- My family and friends back home
- Other

14. What do you do to help yourself or help others cope with the COVID-19 pandemic? (choose as many answers as you want)

- I stay in contact with my family/friends
- I keep busy
- I meditate or pray
- I seek information
- Other

**Thank you so much for helping us by completing this survey!**

#### Sources:

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# About Vitus

## Roxana Salehi, PhD, CE



Thank you for stopping by! My name is Roxana Salehi and I founded Vitus Research & Evaluation Consulting in 2014. Vitus is dedicated to helping organizations around the world design and improve their health and education programs using scientific research and evaluation.

Over the last ten years, I have been the lead consultant for impactful multi-country projects in the health, education, and social services sectors in Canada (my home), Africa, and the Caribbean. You can find some of my publications and sample projects on the website.

I turn data into strategic insights by combining my PhD in Public Health and business and statistics training. I am a Canadian Evaluation Society Credentialed Evaluator (CE).

I currently live in Barcelona and work globally. Before that, I have lived/worked in Tehran, Portland, New York, Ann Arbor, Antigua, Accra, and Toronto. I look forward to meeting you!

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